

The Trinity Triune

From the Interim Rector's Desk:

As I write this, Trinity's Staff and Vestry are eagerly anticipating Sunday's (Jan 29th) Annual Meeting and Election of Vestry and Diocesan Leadership! The entire morning, beginning with our one Service of Worship together, is intended to focus our collective attention on the work God has given us to do in this season of new beginnings for Trinity. Along those lines, immediately after the Annual Meeting, Trinity's Team: Bev Loftus, Carolyn Rogers, Marget Bluefeld, and myself will join teams from some 16 other congregations from throughout the Diocese to launch the *Transforming Congregations* program. Like our own program of renewal, this program will enhance our efforts in building-up our community. So that you can support Trinity's Team in their participation, here is a run-down of *what* we will be doing, and *when*.

Beginning on Sunday, the 29th, and continuing throughout the Spring (on Feb 26, Mar 25, Apr 22, a May-date TBD, and concluding on Jun 10th) we will learn key modules for developing 'sustainable missional ministry' (as in: spreading the Good News) while utilizing and developing further the full complement of Trinity's own resources, gifts, and talents. This program is being presented in conjunction with the Diocese's Mission Planning Commission and we are working with consultants from the *Kaleidoscope Institute* (a firm experiences in community transformation, including congregations.) The Diocese is committed to strengthening and renewing churches 'from the

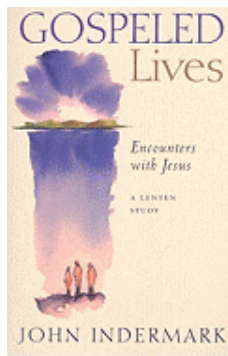
bottom up' (so to speak.) Participants will learn how to use a series of 'holy currencies' to establish a 'cycle of blessings' that can transform the life and work of a congregation. The six sessions will incorporate experiential learning with the presentation of concepts, models, and theories—so that we will acquire and practice new skills, and exchange 'best practices' with our brothers and sisters from other churches. Each session will be designed as an extended worship service with songs, prayers, and Bible reflection. In the end, we will take home a 'product:' of an action plan for Trinity that is achievable, realistic, and measurable.

As your Interim Rector over the next two years, I strongly supported Trinity's signing-onto this (no-cost-to-Trinity) program in the context of the larger work of discernment that we are about. With some 'pre-work' in hand—in the form of an actionable plan—a core group of parishioners will have some new skills to work with as we begin the tasks required for launching a full-blown, longer-term-Rector Search Process. In other words, win-win on all accounts!

I am very grateful to Bev, Carolyn, and Marget for agreeing to join me on this adventure! I hope each of you will support us with your prayers—and help, should we come to you with some 'homework assignments!' Thanks Be to God for these graces that we all will receive!

Faithfully,
LindaK+

LENTEN STUDY



Please join us for a book study this Lent; on Monday evenings, beginning February 27th through April 2nd. We will be Reading John Indermark's book titled, *Gospeled Lives*.

6-7 PM Supper/Fellowship/Clean-up
7-8 PM: Study
8 PM: Conclude with Compline in the Church

Publisher's Description: What does it mean to be *gospeled*? John Indermark suggests that an encounter with the living Christ demands response. *Gospeled Lives* covers biblical characters who had such an encounter. Some of these persons responded with joy and gratitude. Some ignored or rejected Christ's offer of good news. These stories, along with daily readings of scripture, written prayers and suggested exercises, make an ideal study for either individual or group use over the six week Lenten period. The offer and the experience of grace are found in these pages, as it is in the Lenten season itself. Each chapter has five daily readings and an introductory overview to the week's theme. Session guides for group study are included in the appendix.

Books have already been purchased and cost \$8.45. Carolyn Rogers will be selling books on Sunday after church, but books can also be purchased during the week in the Rectors Office (for non-directed, i.e., self-serve purchases)

Checks can be made out to Trinity with "Gospeled Lives" written in the memo line.

Please sign up on the easel in the Narthex, there will also be a sign up sheet for bringing food.

Recipe of the Month

Carrot Bread

3 c. flour – remove 1 tbsp. out of each cup and hold aside
2 tsp. baking powder
2 tsp. baking soda
2 tsp. cinnamon
1/2 tsp. salt
2 c. sugar
4 eggs
1 c. vegetable oil
3 c. grated carrots
1 c. chopped nuts, walnuts or pecans (optional)
1 small can of crushed pineapple (drained)

Directions:

Combine all ingredients, except grated carrots and nuts, in a large bowl. Mix well with large spoon. Add carrots and nuts. Divide batter and place in two small loaf pans that have been greased and dusted with extra flour. Bake at 350 degrees for one hour.

Recipe submitted by Lisa Bartol and courtesy of Cooks.com

\$

\$ CASH FOR GOLD \$

J2A will be will be hosting a "Cash for Gold" event at Trinity as a fundraiser for the Pilgrimage. Shannon Bretz from 24K Brokers is a licensed broker and pays top dollar for your broken or unwanted gold or silver pieces. Please contact Linda Nosser with any questions.

DATE: Saturday Feb. 18th
TIME: 1-4pm
LOCATION: Trinity undercroft

FUNNIES

Those wonderful Church Bulletins! These sentences (with all the BLOOPERS) actually appeared in church bulletins or were announced in church services:

The Fasting & Prayer Conference includes meals.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Remember in prayer the many who are sick of our community. Smile at someone who is hard to love. Say 'Hell' to someone who doesn't care much about you.

Don't let worry kill you off - let the Church help.

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

Next Thursday there will be tryouts for the choir. They need all the help they can get.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

A bean supper will be held on Tuesday evening in the church hall. Music will follow..

At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.

Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.

Scouts are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

Please place your donation in the envelope along with the deceased person you want remembered.

The church will host an evening of fine dining, super entertainment and gracious hospitality.

Potluck supper Sunday at 5:00 PM - prayer and medication to follow.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.



February Birthdays

2/03	Deborah Rexroth
2/08	Catherine Jenkins
2/08	Elizabeth Jenkins
2/10	Todd Steffes
2/12	Ashley Snyder
2/16	Richard Faulkner
2/17	David Bellwoar
2/21	Robert Levine
2/21	Bill Raichle
2/23	Charles Rexroth
2/28	Katheryn Overman
2/28	Craig Bunting



February Anniversaries

2/14/53	Bill & Mary Raichle
---------	---------------------

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Church School every Sunday at 9:45 a.m.</i>			1 12:30 p.m. - Seniors' Lunch in the Undercroft - Snow date is Feb. 8	2	3	4
5 <i>Epiphany 5</i> 8 & 10 a.m. - H.E.	6	7	8	9	10	11
12 <i>Epiphany 6</i> 8 & 10 a.m. - H.E.	13	14 7 p.m. - TNK School Board Mtg.	15	16 6:30 - 8:30 p.m. - TNK Open House - Open to the Public	17	18 12 noon - 5 p.m. - J2A Fundraiser in the undercroft
19 <i>Last Epiphany</i> 8 & 10 a.m. - H.E. 2 p.m. - CVR 5:30 p.m. - Evening Youth Service	20 <i>Presidents' Day</i> School & Office Closed	21 Shrove Tuesday Pancake Supper	22 <i>Ash Wednesday</i> 12 noon & 7 p.m. - H.E. with Imposition Of Ashes	23	24	25
26 <i>Lent 1</i> 8 & 10 a.m. - H.E. 1:30 - 6:00 p.m. - Transforming Congregations Workshop	27 Lenten Series: "Gospeled Lives"	28 7 p.m. - Deanery Plenary Session, Epiphany, Royersford	29			

March 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Church School every Sunday at 9:45 a.m.</i>				1	2	3
4 <i>Lent 2</i> 8 & 10 a.m. - H.E.	5 Lenten Series: "Gospeled Lives"	6	7	8	9	10 9 a.m. - 12 noon - TNK Donuts with Dad - undercroft
11 <i>Lent 3</i> 8 & 10 a.m. - H.E. Guest Preacher 1 p.m. - DVDPA Basket Bingo in the undercroft	12 Lenten Series "Gospeled Lives"	13 7 p.m. - TNK School Board Mtg.	14	15	16	17
18 <i>Lent 4</i> 8 & 10 a.m. - H.E. 2 p.m. - CVR 5:30 p.m. - Evening Youth Service	19 Lenten Series "Gospeled Lives"	20 7 p.m. - Vestry Mtg.	21	22	23	24
25 <i>Lent 5</i> 8 & 10 a.m. - H.E. 1:30 - 6:00 p.m. Transforming Congregations Workshop	26 Lenten Series "Gospeled Lives"	27	28	29	30	31

April 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Palm Sunday 8 & 10 a.m. - H.E.	2	3	4	5 Maundy Thursday Holy Eucharist - Time to be announced	6 Good Friday Good Friday Service - Time to be announced	7 Holy Saturday The Easter Vigil - Time to be announced
8 Easter 8 & 10 a.m. - H.E.	9 Office Closed	10 7 p.m. - TNK School Board Meeting	11	12	13	14
15 Easter 2 10 a.m. - H.E. and Bishop's Visit 2 p.m. - CVR 5:30 p.m. - Evening Youth Service	16	17 7 p.m. - Vestry Mtg.	18	19	20	21
22 Easter 3 8 & 10 a.m. - H.E. 1:30 - 6:00 p.m. - Transforming Congregations Workshop	23	24	25	26	27	28
29 Easter 4 8 & 10 a.m. - H.E.	30					Church School every Sunday at 9:45 a.m.

Prayer Warriors

Lenten Prayers

Lord, grant us simplicity of faith
and a generosity of service
that gives without counting cost.
A life overflowing with Grace
poured out from the One
who gave everything,
that we might show
the power of love
to a broken world,
and share the truth
from a living Word.
Lord, grant us simplicity of faith,
and a yearning to share it.

O Lord and Master of my life,
give me not the spirit of laziness,
despair, lust of power, and idle talk.
(prostration)

But give rather the spirit of sobriety,
humility, patience and love to Thy
servant. (prostration)

Yea, O Lord and King,
grant me to see my own transgressions
and not to judge my brother,
for blessed art Thou unto ages of ages.
Amen (prostration)

St. Ephraim the Syrian (AD 305-373)

Read more at:
http://www.faithandworship.com/prayers_Lent.htm#ixzz1kbDvsTbh
Under Creative Commons License: [Attribution](#)

A Prayer for St. Valentine

Most Gracious Heavenly Father, You gave Saint Valentine the courage to witness to the gospel of Christ, even to the point of giving his life for it. Help us to endure all suffering for love of you, and to seek you with all our hearts; for you alone are the source of life and love. Grant that we may have the courage and love to be strong witnesses of your truth to our friends and family and to the whole world. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

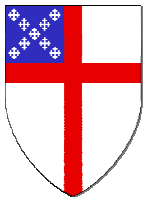
Please hold up in Prayer:

All those on our Intercessory list
Rev. Linda Kapurch
Trinity's Vestry
For our Bishop and Diocese
For our Service men and women
All who seek a deeper knowledge of God
All in need of Love
For all who suffer in body, mind & spirit
For all who mourn



TRIUNE DELIVERY OPTIONS:

If you wish to receive your copy of the Triune electronically, please email me at feldspar_3@msn.com, I will set up a distribution list for those interested. The Triune will also be available on the trinity website, visit www.trinitymills.org. Future hardcopy publications will be distributed on the last Sunday of the month so if they are not picked up they can be mailed by the First Sunday of the month.



Trinity Church, Gulph Mills **The Rev. Linda Kapurch, Interim Rector**

966 Trinity Lane
King of Prussia, PA 19406
Office: 610-828-1500
Fax: 610-828-0411
trinitymills@comcast.net